Residents, nurses and faculty of the UC Irvine Emergency Department, along with U.S. Navy residents and faculty of the Naval Medical Center in San Diego, U.S. Navy corpsmen and California State lifeguards, will participate in the 3rd Annual Wild Med Adventure Race at San Onofre State Beach Park. This event is designed to test the professional and physical endurance of the participants. Working in small teams, racers will transit 10 kilometers encountering patient simulations, skill stations and other challenges in a simulated natural disaster area (earthquake, tsunami and several man-made disaster elements.)